

6. UpAndDown Cross-Duathlon Potsdam

Potsdam - 09.03.2008 - Duathlon-Brandenburg-Cup und 2.Wk BE-BB Cross-Duathlon-Serie - 6 - 15 - 3 km

Platz	Plm	Plw	StNr.	Name,Vorname	Verein	AK	AKm	AKw	Endzeit	1.Laufzeit	Radzeit	1.Lauf+Rad	2.Laufzeit	Rückst.
1	1		40	Prochnow, Christian	Zeppelin-Team OSC Potsdam	DM25	1		01:11:02	0:22:46(1)	0:37:37(3)	1:00:23(3)	0:10:39(1)	00:00:00
2	2		41	Dietze, Matthias	Zeppelin-Team OSC Potsdam	DM25	2		01:11:47	0:22:47(2)	0:37:35(2)	1:00:22(2)	0:11:25(2)	00:00:45
3	3		27	Hoffmann, Christian	LTC Berlin	DM25	3		01:12:30	0:24:10(5)	0:35:48(1)	0:59:58(1)	0:12:32(5)	00:01:28
4	4		39	Dörnbrack, Steffen	Zeppelin Team OSC Potsdam	DM35	1		01:15:34	0:24:08(4)	0:39:00(5)	1:03:08(4)	0:12:26(4)	00:04:32
5	5		34	Plenzke, Jörg	A3K Berlin	DM40	1		01:16:00	0:22:52(3)	0:40:59(8)	1:03:51(5)	0:12:09(3)	00:04:58
6	6		16	Sommer, Uwe	SV Turbine Neubrandenburg	DM40	2		01:18:22	0:25:55(6)	0:38:38(4)	1:04:33(6)	0:13:49(9)	00:07:20
7	7		46	Reinert, Markus	BSV-Friesen	DM35	2		01:20:54	0:26:29(10)	0:40:58(7)	1:07:27(7)	0:13:27(7)	00:09:52
8	8		44	Sturm, Christian	Zeppelin-Team OSC Potsdam	DM25	4		01:22:10	0:26:48(12)	0:41:04(9)	1:07:52(8)	0:14:18(11)	00:11:08
9	9		23	Reinwald, Jens	TV Fürstenwalde	DM35	3		01:22:59	0:27:18(14)	0:41:09(10)	1:08:27(9)	0:14:32(12)	00:11:57
10	10		3	Schneider, Lion	Tri-Team Berlin	DM20	1		01:24:03	0:28:59(23)	0:40:14(6)	1:09:13(10)	0:14:50(16)	00:13:01
11	11		43	Neutzner, Christoph	SCC Berlin	DM35	4		01:24:22	0:26:28(9)	0:43:10(11)	1:09:38(11)	0:14:44(14)	00:13:20
12	12		33	Hümbert, Martin	Zeppelin-Team OSC Potsdam	DM25	5		01:25:46	0:26:35(11)	0:44:10(14)	1:10:45(12)	0:15:01(17)	00:14:44
13	13		28	Lomb, Rüdiger	FC St. Pauli	DM40	3		01:25:59	0:27:43(16)	0:43:42(13)	1:11:25(13)	0:14:34(13)	00:14:57
14	14		2	Bloeck, Dirk	TLV Rangsdorf	DM40	4		01:26:42	0:26:26(8)	0:46:48(21)	1:13:14(16)	0:13:28(8)	00:15:40
15	15		42	Heinicke, Arne	ESV Lok Schöneeweide	DM35	5		01:27:15	0:26:11(7)	0:47:51(25)	1:14:02(18)	0:13:13(6)	00:16:13
16	16		6	Bettge, Dirk	Sisu Berlin	DM40	5		01:27:55	0:28:41(19)	0:43:32(12)	1:12:13(14)	0:15:42(23)	00:16:53
17	17		31	Paschke, Mike	SV Berlin Chemie	DM40	6		01:28:35	0:27:36(15)	0:45:35(17)	1:13:11(15)	0:15:24(21)	00:17:33
18	18		45	Engert, Reinhardt	SV Stahl Hennigsdorf	DM55	1		01:28:36	0:26:59(13)	0:47:30(23)	1:14:29(19)	0:14:07(10)	00:17:34
19	19		30	Stoldt, Thomas	SV Berlin Chemie Adlershof	DM40	7		01:29:02	0:28:47(21)	0:44:52(16)	1:13:39(17)	0:15:23(20)	00:18:00
20	20		5	Hahn, Carsten	LTC Berlin	DM40	8		01:29:57	0:28:38(18)	0:46:34(20)	1:15:12(21)	0:14:45(15)	00:18:55
21	21		14	Götze, Björn		DM35	6		01:30:27	0:29:50(26)	0:44:50(15)	1:14:40(20)	0:15:47(24)	00:19:25
22		1	38	Schützendübel, Marit	Zeppelin-Team OSC Potsdam	DW35		1	01:30:36	0:28:54(22)	0:46:31(19)	1:15:25(22)	0:15:11(18)	00:19:34
23	22		12	Sander, Torsten	Stern Ludwigsfelde	DM45	1		01:32:29	0:28:45(20)	0:48:26(28)	1:17:11(24)	0:15:18(19)	00:21:27
24	23		36	Wannowitz, Helke	TV Fürstenwalde	DM60	1		01:32:32	0:29:35(24)	0:47:05(22)	1:16:40(23)	0:15:52(25)	00:21:30
25	24		17	Hnida, Peter	Triathlon Spreewald	DM35	7		01:34:15	0:29:54(28)	0:47:54(26)	1:17:48(25)	0:16:27(27)	00:23:13
26	25		1	Ziem, Werner	Tri Team Rathenow	DM55	2		01:35:34	0:29:42(25)	0:50:20(30)	1:20:02(28)	0:15:32(22)	00:24:32
27	26		32	Gudd, Lars	SV Berlin Chemie	DM35	8		01:36:18	0:32:11(33)	0:46:13(18)	1:18:24(26)	0:17:54(31)	00:25:16
28	27		29	Freitag, Jens		DM40	9		01:36:29	0:31:44(30)	0:48:15(27)	1:19:59(27)	0:16:30(28)	00:25:27
29	28		11	Cylke, Patrick	Mahlow	DM25	6		01:37:59	0:29:52(27)	0:50:55(31)	1:20:47(29)	0:17:12(30)	00:26:57
30	29		15	Lohlies, Eike	Zeppelin-Team OSC Potsdam	DM40	10		01:40:12	0:33:36(34)	0:47:50(24)	1:21:26(30)	0:18:46(33)	00:29:10
31		2	26	Golze, Nicole	TV Fürstenwalde	DW30		1	01:40:33	0:31:48(31)	0:52:06(32)	1:23:54(31)	0:16:39(29)	00:29:31
32	30		25	Kremlacek, Johannes	ESV Berlin	DM40	11		01:40:37	0:31:41(29)	0:52:31(34)	1:24:12(33)	0:16:25(26)	00:29:35
33	31		24	Müller, Wolfgang	TV Fürstenwalde	DM50	1		01:44:52	0:31:49(32)	0:52:08(33)	1:23:57(32)	0:20:55(36)	00:33:50
34		3	18	Guhn, Angelina	RSV 93 KönigsWusterhausen	DW20		1	01:48:17	0:38:30(37)	0:48:43(29)	1:27:13(34)	0:21:04(37)	00:37:15
35	32		22	Thuns, Peter		DM50	2		01:49:49	0:34:55(35)	0:56:50(35)	1:31:45(35)	0:18:04(32)	00:38:47
36	33		13	Schmitz, Martin	SV Stahl Hennigsdorf	DM45	2		01:54:22	0:35:00(36)	0:59:33(36)	1:34:33(36)	0:19:49(34)	00:43:20
37		4	37	Sievers, Elke	Berlin	DW40		1	02:00:59	0:38:54(38)	1:01:11(37)	1:40:05(37)	0:20:54(35)	00:49:57

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Platz	Plm	Plw	StNr.	Name,Vorname	Verein	AK	AKm	AKw	Endzeit	1.Laufzeit	Radzeit	1.Lauf+Rad	2.Laufzeit	Rückst.
			21	Altenkirch, Volker	Disq.	DM40			00:00:00	0:28:07(17)	00:00:00	00:00:00	00:00:00	00:00:00
			35	Nickel, H.-J.	TV Fürstenwalde	DM60			00:00:00	0:42:02(39)	00:00:00	00:00:00	00:00:00	00:00:00